

Crystal Sage
Expert Energy Healer
Allergy Reversal
Energy Healing
Eliminate Phobias
Results Guaranteed!



Self-empowerment is the best health insurance you can have.

The only factors that separate those who still have disease and those who have already healed themselves are: ***knowledge, belief, faith and the right actions.*** Knowledge gives you the ***power***, belief gives you the ***desire***, faith gives you the ***strength***, and right actions will give you desired ***results***.

She wants to teach people all over the world, how they too can ***become their own best healers!*** She says...
“Healing chronic disease (even cancer) is not that mysterious. You have the innate ability to heal yourself. ***Healing is not about ‘finding’ the cure. Healing is ‘realizing’ YOU are the cure!***”

Become Your Own Best Healer using True Healing Solutions

Author and expert energy healer, Crystal Sage, has studied natural healing and worked in the healing arts since 1992. Some of her studies include Nutrition, Naturopathy, Acupressure, Parasitology, and Herbology. After struggling with illness much of her life, she became disenchanted with conventional medicine and turned to natural healing modalities. Crystal has healed herself (without drugs or surgery) from a myriad of chronic and debilitating conditions, which include fibromyalgia, PMS, hypoglycemia, kidney stones, irritable bowel syndrome, Chronic Fatigue Immune Deficiency Disorder (CFIDS), angina heart pains, and colon cancer.

She has also helped many others to heal with great success, all by only using ***Natural nutritional remedies and therapies.*** Her book, ***Heal Beneath the Surface***, has over 250 information packed pages and includes many of her personal healing clients' success stories. She developed her own healing technique, which she calls CHART (Crystal's Healing and Reprogramming Technique.) She teaches CHART as well as the causes and solutions to dis-ease in her book and classes on ***how YOU can become your own best healer.*** She knows first-hand that ALL chronic disease can be healed if people are willing to take full responsibility and make a commitment to their health.

**Crystal can be reached for an appointment at: 530-356-6322 or via email:
crystalsage22@yahoo.com. Visit her website:
www.TrueHealingSolutions.com**